

October 2023

							October 2023	
	SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	
	1	2	3	4	5	6	7	
GYM #1								
GYM #2								
	8	9	10	11	12	13	14	
GYM #1	FG 1:00p-3:00p 3:00p-5:00p	8:30a-4:00p	Open	8:30a-10:45p 12:15p-9:00p	8:30a-6:30p	11:30a-9:00p	9:00a-2:00p	
GYM #2	1:00p-3:00p	Open	1:30p-9:00p	Open	Open	8:30a-5:45p 7:15p-9:00p	Open	
	15	16	17	18	19	20	21	
GYM #1	FG 1:00p-3:00p 3:00p-5:00p	8:30a-4:00p	Open	8:30a-10:45p 12:15p-9:00p	8:30a-6:30p	11:30a-9:00p	Open	
GYM #2	1:00p-3:00p	Open	1:30p-9:00p	Open	Open	8:30a-5:45p 7:15p-9:00p	9:00a-11:00a 3:00p-5:00p	
	22	23	24	25	26	27	28	
GYM #1	FG 1:00p-3:00p 3:00p-5:00p	8:30a-4:00p	Open	8:30a-10:45p 12:15p-9:00p	8:30a-6:30p	11:30a-9:00p	Open	
GYM #2	1:00p-3:00p	Open	1:30p-9:00p	Open	Open	8:30a-5:45p 7:15p-9:00p	9:00a-1:30p	
	29	30	31	<p>* Schedule is Subject to change Please call front desk for most updated times. 724-942-5000</p>				<p>FAMILY GYM SUNDAY 1 - 3 PM</p>
GYM #1	FG 1:00p-3:00p 3:00p-5:00p	8:30a-4:00p	Open					
GYM #2	1:00p-3:00p	Open	1:30p-9:00p					